



Stuart Brown
Public Information Officer
o. (760) 965-3696
c. (760) 914-7110

sbrown@townofmammothlakes.ca.gov

Dr. Tom Boo
Public Health Officer
o. (760) 924-1828
tboo@mono.ca.gov

DAILY BRIEFING | CORONAVIRUS 19 PANDEMIC

Unified Command update: Tuesday, March 31, 2020 | 4:00 p.m.

www.monohealth.com/coronavirus

TESTING UPDATE

Tests Administered: 82

Tests Pending: 14

Tests Negative: 55

Positive Tests: 13

Deaths: 1

PUBLIC INFORMATION

- Website: MonoHealth.com/Coronavirus
- Virtual 'Community Call' every Thursday at 5:30pm: **information available soon...**
- Phone: 2-1-1 (English and Spanish)
- Behavioral Health "Warm Line" - (760) 924-1740 (7:00am – 7:00pm, 7-days per week)
- Facebook Live MonoCountyBehavioralHealth: Special Features every day: 10:30am and 3:30pm (English) 1:00pm (Spanish)
- Facebook.com/MonoHealthDepartment
- Instagram.com/MonoCountyHealthDepartment
- Twitter.com/CountyMono
- Short-Term Rental Hotline (760) 965-3670 or TOT@townofmammothlakes.ca.gov
- Emergency Operations Center (760) 932-5650

WHAT TO DO IF YOU HAVE FLU LIKE SYMPTOMS

While COVID-19 symptoms may be mild, severe symptoms including fever, cough and shortness of breath could indicate infection. If you develop severe symptoms, call your doctor, nearest clinic, or Mammoth Hospital Emergency Department at **(760) 924-4076**. Please do not show up unannounced! If you develop emergency warning signs for COVID-19, get medical attention immediately. In adults, emergency warning signs* include: Difficulty breathing or shortness of breath, persistent pain or pressure in the chest, new confusion or inability to arouse and bluish lips or face



HOW TO PROTECT YOURSELF

There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19). The best way to prevent illness is to avoid being exposed to this virus. The virus is thought to spread mainly from person-to-person:

- Between people who are in **close contact with one another** (within about 6 feet).
- Through respiratory droplets produced **when an infected person coughs or sneezes**. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
- Wash your hands often with **soap and water for at least 20 seconds** especially after you have been in a public place, or after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.
- Avoid touching your **eyes, nose, and mouth** with unwashed hands.
- **Stay home if you are sick**, except to get medical care.
- It may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads.

PUBLIC HEALTH MESSAGE

NEW: FIRST DEATH DUE TO COVID-19 IN MONO COUNTY

March 31, 2020 - The first death of a Mono County resident due to COVID-19 has been confirmed.

The death occurred on Tuesday, March 31, 2020. The patient was a male in his 60's. In addition to being infected with COVID-19, he was known to have other chronic medical conditions. He presented to Mammoth Hospital in critical condition. He was then transferred to another facility for further management, but his condition continued to deteriorate, and he ultimately died due to multiple complications related to COVID-19.

"We extend our deepest sympathies to the patient's family and loved ones during this time of loss," said Tom Parker, CEO of Mammoth Hospital. "This loss is deeply felt by our entire community. Now more than ever, each of us must do our part to prevent the spread of this virus."

Both Mono County Director of Public Health Tom Boo, MD, and Mammoth Hospital Chief Medical Officer Craig Burrows, MD, said the death underscores the importance of protecting our community members during this ongoing pandemic.

Dr. Boo and Dr. Burrows emphasized the importance of all Mono and Inyo County residents in doing their part to slow the spread of the virus by continuing with all social distancing efforts and to adhere to the Stay At Home Order issued by Governor Newsom on Thursday, March 19, 2020.

Steps that everyone can take to slow the spread of the virus include: Being mindful of the critical importance for social / physical distance, wash your hands frequently, and cover your mouth when you sneeze or cough.

Stay healthy. Stay safe. Love each other.

MONO COUNTY COMMUNITY MESSAGE

March 29, 2020 - As we face another week of COVID-19 response, we want to take a moment to say thank you. We've asked a lot of you over the past two weeks, and we're overwhelmed by the support and cooperation that we've received in return. From those working on the front lines of the response, to those doing their part by staying at home, we appreciate the patience and the sacrifices that are being made. What you are doing gives us the best shot at fighting this worldwide pandemic that is now here in our beautiful mountain community.

Our friends and family members have fallen ill, and the number of positive test results continues to grow. Now, more than ever, we must be vigilant about following guidance and directives in order to flatten the curve, to decrease the strain on our local health care system, and to save lives.

The guidance and directives are drastic, because the consequences can be fatal. The good news is that contributing to the well-being of our community is something we can all do. This week, our request is simplified into three basic actions: stay home, stay back, and stay clean.

STAY HOME - The best chance we have for slowing the spread of this virus is through limiting contact with one another. Those of us not working in essential services must stay home. Staying home means exactly that—staying IN YOUR HOME, and only physically associating with those in your residence. Going out for fresh air and exercise is fine, but please avoid high-risk activities that could further task our first responders.

STAY BACK - When you do venture out in public for essential business, maintain at least six feet of space between yourself and others at all times. Conduct your essential business and return home. Limit all physical interaction with those outside of your home. Period.

STAY CLEAN - Wash your hands frequently (especially after going out) and cover coughs and sneezes. That sounds easy, but we realize how hard this is. Living through a pandemic is stressful, and help is available. There are a number of resources, including food, mental health and social services, open to all who need them. To learn more about COVID-19 in Mono County and access these resources in English and Spanish, please visit monohealth.com/coronavirus, or call 2-1-1. In addition, there is now a weekly virtual community meeting every Thursday at 5:30 p.m. This forum allows residents to ask questions, express concerns, and learn about what the response team is doing to fight the virus and take care of people in Mammoth Lakes and Mono County. Please see the website for instructions on how to watch online, or listen via phone.

These are unprecedented times, and they call for unprecedented measures. These sacrifices are inconvenient, often challenging, and occasionally frustrating. Let's meet this moment with compassion and understanding, and get through this together by staying apart.

Thank you all for your concern and for your efforts to protect our community.

Stacy Corless
Chair, Mono County Board of Supervisors

Bill Sauser
Mayor, Town of Mammoth Lakes

#STAYHOMEMONO IS LIVE!

In an ongoing effort to both encourage residents to stay inside their homes, and discourage non-residents from traveling to Mono County, the public information team have launched a social campaign called #StayHomeMono. The kick-off post can be accessed online: <https://www.instagram.com/p/B-WE5bfl4zF/?igshid=gorhlrte4yzj>.

The objective of the campaign is to supplement State Directives, County Orders and guidance communicated throughout Mono County. #StayHomeMono will serve as a light-hearted, fun and engaging way to mobilize the "Stay at Home" population to:

- Influence local behavior to embrace the "Stay at Home" ordinance in Mono County;
- Mobilize digital community to assist with message delivery and penetration; and,
- Socialize the urgency and reasoning behind the order.

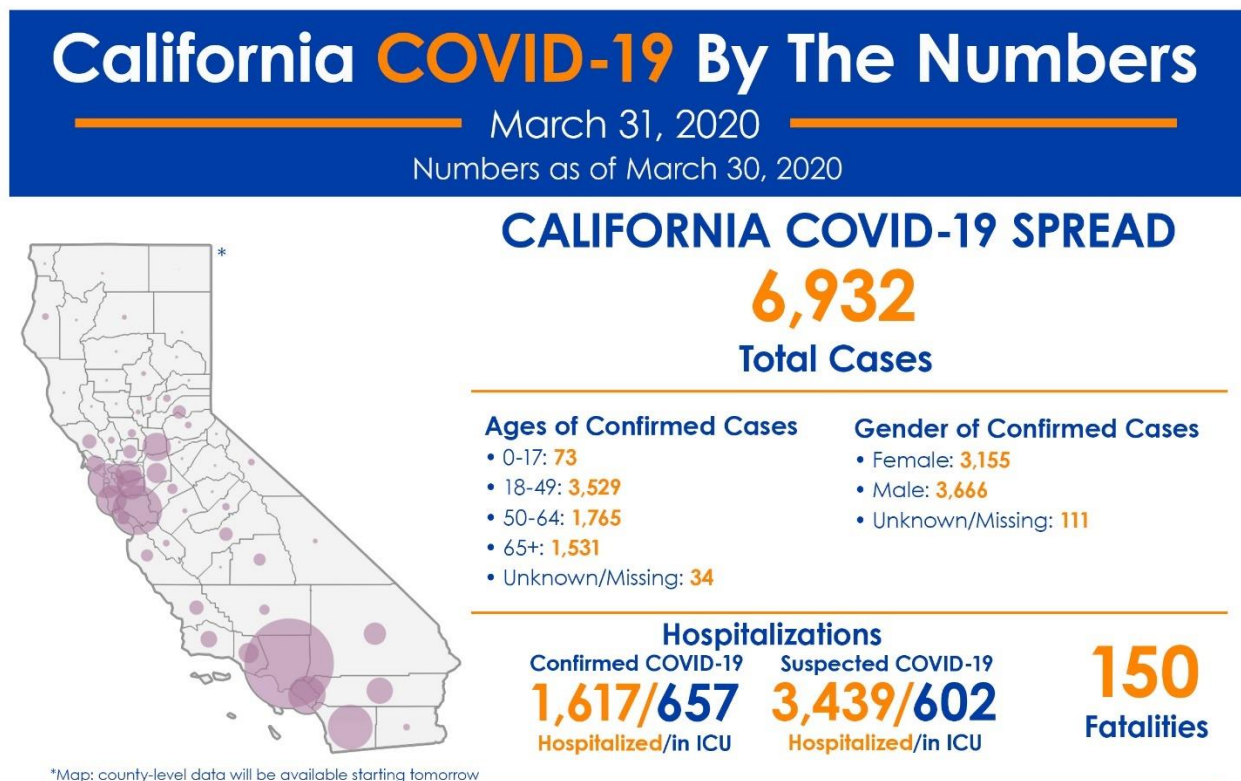
We're encouraging the entire County of Mono to follow the five easy steps outlined below to help kick-off the #StayHomeMono campaign:

1. Follow/like social profiles
 - [Instagram](#)
 - [Facebook](#)
 - [Twitter](#)
2. Like the initial post on Facebook and Instagram
3. Share the initial post on Facebook
4. Post your own image and/or video showcasing how you are doing your part by “staying at home,” and encourage others to do the same
5. Engage with the initial posts, your post, and other #StayHomoMono posts as they're published. The more engagement on posts, the more they rise to the top of the feed and the greater awareness and impact throughout the county.

Thank you for doing your part in Mono County to flatten the curve!

COVID-19 IN CALIFORNIA BY THE NUMBERS

Note: The following numbers reflect information received by local health jurisdictions as of 2 p.m. PDT March 31.



Stay Home. Save Lives.

covid19.ca.gov



Testing in California

As of March 30, approximately 86,100+* tests had been conducted in California. At least 28,704 results have been received and another 57,400 are pending.

Source: <https://www.cdph.ca.gov/Programs/OPA/Pages/NR20-036.aspx>

STATE AND COUNTY DIRECTIVES AND ORDERS

The Following Mono County Health Department orders are currently in effect*.

- All bars, breweries and wine-tasting venues in Mono County shall close, excluding production facilities that do not include any customer or other public contact.
- All restaurants shall be closed for indoor or outdoor seated dining and may be open only to drive-through or other pick-up or delivery option.
- Bars, breweries and pubs that include full meals provided by a full kitchen should follow restaurant guidance and may provide delivery or pick-up options.
- Coffee shops fall under restaurants may continue to offer pick-up service but provide no indoor or outdoor seating for customers.
- All pick up areas shall limit customer waiting areas to no more than 6 people, providing adequate space for six (6) feet of separation between waiting customers and provide for hand sanitation.
- Health clubs and gyms are to be closed.
- Theaters, bowling alleys and other indoor recreations venues should close.
- All non-essential public gatherings or assemblies, regardless of size are prohibited.
- All venues for gatherings should be closed.

**A complete list, including Town and County Memorandums can be found online: [MonoHealth.com/Coronavirus](https://www.monohealth.com/coronavirus)*

PUBLIC ADVISED TO NOT FLUSH DISINFECTING WIPES, PAPER TOWELS DOWN TOILET – THROW THEM AWAY INSTEAD

While the State Water Board and other public agencies encourage Californians to follow the [Centers for Disease Control recommendations](#) to clean surfaces with disinfecting wipes to reduce the spread of COVID-19, **it is important to discard those items in the trash, not the toilet.**

Flushing wipes, paper towels and similar products down toilets will clog sewers and cause backups and overflows at wastewater treatment facilities, creating an additional public health risk in the midst of the coronavirus pandemic. Even wipes labeled “flushable” will clog pipes and interfere with sewage collection and treatment throughout the state.

Wastewater treatment facilities around the state already are reporting issues with their sewer management collection systems. These facilities are asking state residents to not discard wipes in the toilet, but instead to throw them in the trash to avoid backups and overflow. A majority of urban centers are on centralized sewage collection systems depend on gravity and enough water flow to move along human waste and biodegradable toilet paper. The systems were not designed for individual nylon wipes and paper towels. [The wipes and paper towels do not break down like toilet paper, and therefore clog systems very quickly.](#)

Wipes are among the leading causes of sewer system backups, impacting sewer system and treatment plant pumps and treatment systems. Many spills go to our lakes, rivers, and oceans where they have broad ranging impacts on public-health and the environment. Preventing sewer spills is important, especially during this COVID-19 emergency, for the protection of public health and the environment.

HOSPITAL & HEALTHCARE

WHY SOCIAL OR PHYSICAL DISTANCING WORKS!

COVID-19 is confirmed to be in our community by Mammoth Hospital. For anyone who is wanting to know who that person is and “did I come in contact with him/her,” the answer is that nearly everyone has a high likelihood of having been exposed in some way to someone with COVID-19. Everyone in the community must assume that the virus has spread worldwide at this point: in Mammoth, Bishop, San Francisco, Los Angeles, Seattle, the west coast, the east coast, the United States, North America, South America, Europe, the middle east, Asia, Africa, Australia. EVERYWHERE. And with that assumption everyone must act accordingly. It does not matter if the person was a local, a tourist, or what nationality he/she was. We have to act as if everyone may have it.

Here are some things you can do to cope. Stay connected to your friends and family through the use of video conferencing. Check in on loved ones who just need a call. Have a Google hangout or FaceTime chat. Exercise indoors or outdoors while maintaining a safe distance from others. Get outside for a walk and refresh yourself with the cool air. We are lucky to have some of the best views in the world just out our front doors.

If you are a “list person” here are our suggested Do’s and strongly advised Don’ts of **Social/Physical Distancing**:

DO:

- Work out on your own.
- When you need to go out, do what you need to take care of, and get home. Be efficient!
- Call people to talk.
- Get out and walk, either with your dog(s) or on your own.
- Arrange an appointment with Behavioral Health if you need help with coping or anxiety.
- Get outside. We could all use some Vitamin D!
- Email or use social media to connect with friends and family to let them know how you are and find out how they are.

DON’T:

- Go out to get coffee, and then stop and socialize.
- Have dinner or parties with friends.
- Socialize at the grocery store.
- Hug or shake hands when you see a friend.
- Linger after getting take-out food.
- Socialize on Lake Mary Road, the gorge, or in the back country.
- Have play dates for your kids.
- Loiter at the post office.
- Work out in groups.

TOURISM AND BUSINESS COMMUNITY

MAMMOTH LAKES TOURISM FOOD BANK DONATIONS AND VOLUNTEER SIGN-UPS

Since we opened the Food Bank we have received many generous requests from people wanting to help through financial donations. We are happy to announce that we now have a means to do this. If you would like to help support the Food Bank, please use PayPal to make an online donation in any amount to the **Mammoth Community Foundation**, which is run by the **Mammoth Lakes Chamber of Commerce**. Your generous gift will help fund additional food purchases through US Foods, as well as supplies to safely run the food bank.

You can make your donation online by clicking the Donate Now button either on the [Visit Mammoth](#) website or on the [Mammoth Lakes Chamber of Commerce](#) website:

Additionally, if you would like to sign up to volunteer at the food bank, please do so here: <https://www.signupgenius.com/go/8050f44afaf2ca0ff2-mammoth>

In an effort to avoid confusion with Mammoth Mountain Community Foundation's fundraising efforts with the MUSD Care Team (see info below in schools) we are making sure to clarify that donations for the food bank go through the **Mammoth Lakes Chamber of Commerce**, which operates Mammoth Community Foundation.

LOCATION, HOURS & OPERATIONS

- Starting March 23, the food bank will be open Mondays, Wednesdays and Fridays from 10:00am – 12:00 pm and from 3:00–5:00 pm.
- The food bank will operate in the Promenade on Main Street (previously known as the Luxury Outlet Mall) next to Black Velvet Coffee and Sun & Ski Sports.

EASTERN SIERRA TRANSIT AUTHORITY

ESTA TOWN OF MAMMOTH LAKES SERVICES EFFECTIVE APRIL 1, 2020						
ALL ROUTES SERVE MAMMOTH HOSPITAL						
Route	Service Area	Service	Frequency	Time Past Hour	Last Bus	Cost
Town Trolley			30 minutes	1st bus in bold		
	Snow Creek, Canyon Lodge,	7:00am -	Snow Creek	:00 :30	8:30:pm	
	Juniper Springs, Mammoth Hospital	9:00pm	Canyon Lodge	:20 :50	8:50pm	Free
			Juniper Springs	:05 :35	8:35pm	
	Route deviates to Mammoth Hospital Upon Request					
Purple Line			30 Minutes	1st bus in bold		
	Vons, The Village,	7:00am -	Vons Stop #25	:00 :30	8:30pm	Free
	Mammoth Hospital	9:00pm	The Village	:19 :49	8:49pm	
Dial-a-Ride						
	Town of Mammoth Lakes including Mammoth Hospital	7:00am - 9:00pm				\$3 - \$4.20
All Other Services	All other ESTA services outside of Mammoth Lakes are currently operating. Call 760-872-1901 for information.					

UNIFIED COMMAND

Mono County and the Town of Mammoth Lakes are actively responding to the pandemic in a Unified Command Emergency Operational Center led by Mammoth Lakes Fire Chief Frank Frievalt (EOC Director), Town of Mammoth Lakes Manager Dan Holler, County Chief Administrative Officer Steve Barwick and County Health Officer Dr Tom Boo. The Unified Town/County response structure incorporates Mammoth Hospital and we are coordinating with Inyo County public health and healthcare facilities as part of the Mono-Inyo Healthcare Coalition. The Incident Command System (ICS):

- Enables a coordinated response among various jurisdictions and agencies
- Establishes common processes for planning and managing resources
- Allows for the integration of facilities, equipment, personnel, procedures, and communications operating within a common organizational structure
- Centralizes all public information functions and provides the mechanism to organize, integrate, and coordinate information to ensure timely, accurate, accessible, and consistent messaging across multiple jurisdictions.
- Speed up response to support and accelerate recovery.

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